

Keeping your CRF well maintained is absolutely essential to your safety. It's also a good way to protect your investment, get maximum performance, avoid breakdowns, and have more fun.

To help keep your CRF in good shape, this section includes a Maintenance Schedule for required servicing and step-by-step instructions for specific maintenance tasks. You'll also find important safety precautions, information on oils, and tips for keeping your Honda looking good.

An ECM system is used on this motorcycle; consequently, routine ignition timing adjustment is unnecessary. If you want to check the ignition timing, refer to the Honda Shop Manual.

An optional tool kit may be available. Check with your Honda dealer's parts department.

Before You Service Your Honda

The Importance of Maintenance	26
Maintenance Safety	27
Important Safety Precautions	27
Maintenance Schedule	28
General Competition Maintenance	30
Before & After Competition Maintenance	34
Between Heats & Practice Maintenance	34
After Competition Maintenance	34

Service Preparations

Maintenance Component Locations	36
Seat	37
Fuel Tank	38
Subframe	40

Service Procedures

Fluids & Filters

Fuel System	44
Engine Oil	53
Transmission Oil	56
Coolant	58
Air Cleaner	60
Crankcase Breather	62

Engine

Throttle	63
Engine Idle Speed	65
Clutch System	66
Spark Plug	71
Valve Clearance	72
Piston/Piston Rings/Piston Pin	81

Chassis

Suspension	91
Front Suspension Inspection	91
Rear Suspension Inspection	92
Recommended Fork Oil	93
Fork Oil Change	93
Brakes	95
Wheels	99
Tyres & Tubes	100
Drive Chain	102
Exhaust Pipe/Muffler	105
Steering Damper	108
Additional Maintenance Procedures	111
Appearance Care	113