## Instruments (Continued)

2 Select the "DEFAULT" or one of the ten

suspension damping levels using the SEL

(up) or SEL 💙 (down) button.

- Press and hold the SEL (up) or SEL
  (down) button to move the menu quickly.
- Available setting range:

```
-5 to +5
```

12:34	SETTING	0 mph
SERVICE	♠	+3
EXIT	QUICKSHIFTER	+2 +1
FUNCTION	SUSPENSION A1	DEFAULT
LAP TIME	SUSPENSION A2	-1
DISPLAY	SUSPENSION A3	-2 -3

Press the MODE button. The selected item is set, and then the display returns to the upper level hierarchy.

## SUSPENSION M1, M2 and M3 CBR1000S1

You can adjust the compression and rebound damping of the front and rear suspension electronically.

## Adjusting the ÖHLINS Smart EC system

## To end the setting

Select the (return) on the menu screen. The display returns to the "SUSPENSION M1", "SUSPENSION M2" or "SUSPENSION M3" menu on the "FUNCTION" screen.